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THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Use and Disclosures:

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions, and providing treatment. For example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, the services provided, and the medical condition being treated.

Health care operations: Your health information may be used as necessary to support the day-to-day activities and management of Breyta Counseling, LLC. For example, information on the services you received may be used to support budgeting and financial reporting, and activities to evaluate and promote quality.

Law enforcement: Your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law-enforcement investigations, and to comply with government mandated reporting. **Public health:** Your health information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the state's public health department.

Other uses and disclosures require your authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific written authorization. If you change your mind after authorizing a use or disclosure of your information you may submit a written revocation of the authorization. However, your decision to revoke the authorization will not affect or undo any use of disclosure of information that occurred before you notified us of your decision to revoke your authorization.

Additional Uses of Information

Appointment reminders: Your health information will be used by your therapist to send you appointment reminders. **Information about treatments:** Your health information may be used to assist you in the treatment and management of your medical condition. We may also send you information describing other health-related products and services that we believe may be helpful to you.

Individual Rights

You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health information.

The right to receive confidential communication concerning medical condition(s) and treatment.

The right to inspect and copy your protected health information.

The right to amend or submit corrections to your protected health information.

The right to receive and account and how and to whom your protected health information has been disclosed.

The right to receive a printed copy of this notice.

Breyta Counseling Duties

We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices. We also are required to abide by the privacy policies and practices that are outlined in this notice.

Confidentiality

All information disclosed within sessions is confidential and may not be revealed to anyone without written permission except where disclosure is permitted or required by law. Those situations include but are not limited to: (a) when there is reasonable suspicion of abuse to a child or to a dependent or elder adult; (b) when the client communicates a threat of bodily injury to others; (c) when the client is suicidal; (d) when the client has been physically injured due to violence; (e) when disclosure is required pursuant to a legal proceeding. I receive occasional professional consultation. In such cases, neither your name nor any identifying information about you is revealed.

Right to Revise Privacy Practices

AS permitted by law, we reserve the right to amend or modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and states laws and regulations. Upon request, we will provide you with the most recently revised notice. The revised policies and practices will be applied to all protected health information we maintain.

Request to Inspect Protected Health Information

You may generally inspect or copy the protected health information that we maintain. As permitted by federal regulation, we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records. You request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the requests.

Complaints

If you would like to submit a comment or complaint about our privacy practices, you may do so by sending a letter outlining your concerns to: Breyta Counseling 8515 Cedar Place Drive Suite 102, Indianapolis, IN, 46240 If you believe that your privacy rights have been violated, you should call the matter to our attention as soon as possible. You will not be penalized or otherwise retaliated against for filing a complaint.

This notice is effective as of April 14, 2018 and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice of Privacy Practices from this office.

You have recourse if you feel that your privacy protections have been violated. You have the right to file written complaints with our office, or with the Department of Health & Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

Please contact the following for more information:

The U.S. Department of Health & Human Services Office of Civil Rights 200 Independence Avenue, S.W. Washington, D.C. 20201 (202) 619-0257

Toll Free: 1-877-696-6775



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Acknowledgement That You Have Received Our HIPAA Privacy Notice

Breyta Counseling, LLC is required by law to keep your health information and records safe. This information may include:

We are required by law to give you a copy of our privacy notice. This notice tells you how your health information may be

- Notes from your doctor, teacher or other healthcare provider
- Medical history
- Test results
- Treatment notes
- Insurance information

Signature of Client or Legal Representative

used and shared.	
\square I acknowledge that I have received a copy of Breyta Couexplains the uses and disclosures they will make with resp	unseling, LLC's HIPAA Notice of Privacy Practices that fully ect to my individually identifiable health information.
\square I have had the opportunity to read the notice and to has satisfaction.	ave any questions regarding the notice answered to my
\square I understand Breyta Counseling, LLC cannot disclose my	health information other than as specified in the notice.
\square I understand that Breyta Counseling, LLC reserves the resends a copy of the revised notice to the address I have presented in the second second \square	ight to change the notice and the practices detailed therein if it ovided.
Print Name of Client	Date

Relationship to Client